

# QUALITY OF LIFE

## NEW YORK'S HUDSON VALLEY

*Right where you need to be.*

### HISTORY, CULTURE AND RECREATION

Discover the rich scenic, historical, cultural and recreational resources of the 150-mile Hudson Valley. The options are endless:

- Visit the mansions of the Roosevelts, Rockefellers and Vanderbilts and stop at the Culinary Institute of America for lunch
- Take in a football game at the U.S. Military Academy at West Point
- Hike a portion of the Appalachian Trail or one of the many nature preserves and state parks that punctuate the Catskill Mountains and Taconic Range
- Hit the ski slopes at Hunter or Windham mountains or go fly-fishing
- Check out the world's largest collection of contemporary art at Dia:Beacon
- Listen to music at the Bardavon 1869 Opera House, Bethel Woods or the Richard B. Fisher Center for the Performing Arts at Bard College



### HOUSING



The Hudson Valley offers myriad choices when it comes to housing. Historic homes overlooking the water. Quaint farmhouses on rural roads. Urban lofts and apartments. Great starter houses in family-friendly neighborhoods. Condos on the golf course. As anywhere, costs vary greatly depending on the location, type and size of house.

### HUDSON VALLEY MEDIAN HOME SALES PRICE

County	Miles from NYC	2009 Price*
Sullivan	90	\$120,500
Ulster	80	\$219,250
Dutchess	77	\$278,000
Orange	60	\$273,175
Putnam	56	\$324,450
Rockland	27	\$432,625
Westchester	22	\$568,000

\*Source: New York State Realtors Association, May 2009

### HEALTH CARE

To keep local residents in good health, nearly 40 hospitals and medical centers serve the Hudson Valley. Specialists of all kinds abound and also can be found nearby in such world-famous institutions as Memorial Sloan-Kettering Cancer Center in New York City and the Albany Medical Center. One in eight jobs in the Hudson Valley is in the healthcare industry. You can be sure that the highest quality medical care is available close to home.



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